



2021
**HEALTH,
MIND &
SPIRIT**
in this
week's issue

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WE ACCEPT



CLOVER  HILL
Vineyards & Winery

LOVE LOVE HUTS



February 5-28, 2021

We are excited to reopen our indoor space at The Winery in Breinigsville for an exclusive Clover Hill wine experience - *Love Huts*. Your two-hour time slot includes a sample of our newest release, Zin Port, served with a locally-made dark chocolate; a seasonal stemless wine glass; and a \$10 credit to use toward glasses of wine and food to enjoy at your private table.

\$18 per person

Two time slots available every day of the week:
12-2 p.m. or 3-5 p.m.

Call 610-395-2468

to reserve your indoor Love Hut wine experience

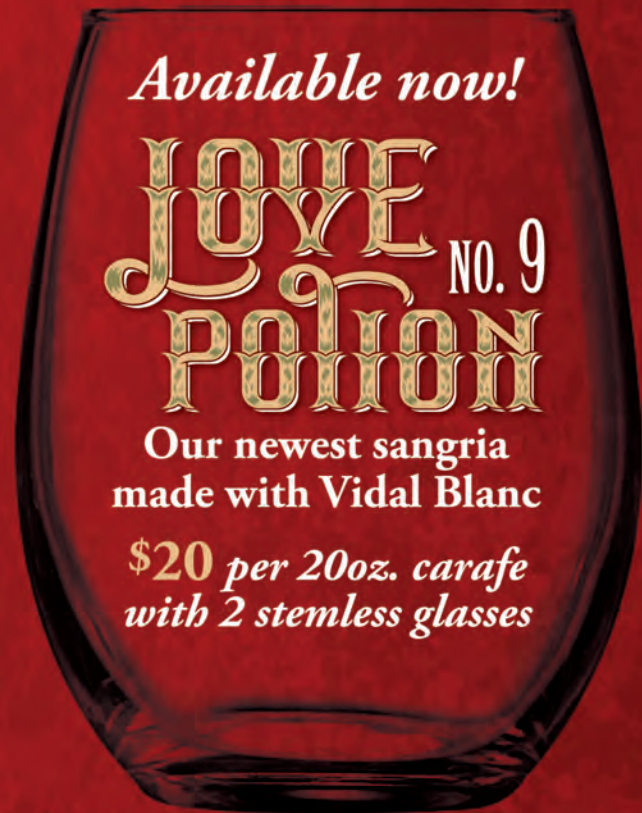
Seating is very limited. We are able to accommodate groups from 1-6 people with advance reservations.

Available now!

LOVE ^{NO. 9}
POTION


Our newest sangria
made with Vidal Blanc

\$20 per 20oz. carafe
with 2 stemless glasses



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READER'S Recipe

CEYLON CHICKEN CURRY & RICE NOODLE SOUP

6 oz. uncooked wide rice noodles
3 Tbsp. ghee or olive oil, divided
1 lb. boneless chicken breasts, thinly sliced and cut into 1/2-in. pieces
1 medium onion, chopped
2/3 cup sliced fresh carrots
3 bay leaves
2 Tbsp. minced fresh gingerroot
1 stalk lemongrass
1 whole star anise
1 Tbsp. curry powder
2 tsp. ground turmeric
1 garlic clove, minced
1/2 tsp. salt
1/4 tsp. cayenne pepper
2 anchovy filets, minced optional
2 Tbsp. white wine vinegar
1 carton (32 oz.) chicken broth
1 can (13.66 oz.) coconut milk
2 Tbsp. jaggery or dark brown sugar
1-1/2 cups chopped fresh kale
1/2 cup cherry tomatoes, halved

Cook the noodles according to package directions for al dente. In a Dutch oven, heat 1 Tbsp. ghee over medium-high heat. Add the chicken; cook and stir until no longer pink, 4-5 minutes. Remove from pan.
Cook and stir the onion and carrots in remaining 2 Tbsp. ghee until tender, 12-15 minutes. Add the bay leaves, ginger, lemongrass, star anise, curry powder, turmeric, garlic, salt, cayenne pepper and, if desired, anchovies; cook 1 minute longer.
Add vinegar to the pan; cook for 30 seconds, stirring to loosen browned bits from pan. Add broth, coconut milk and jaggery. Bring to a boil; reduce heat. Add kale and tomatoes; simmer until tender, 6-8 minutes.
Remove and discard bay leaves, lemongrass and star anise. Drain noodles; stir into soup. Add chicken; heat through.

Send your recipes to: The Windsor Press, Inc.
6 N. Third St., PO Box 465, Hamburg, PA 19526-0456
Fax: 610.562.2770 or E-mail: display@windsorpress.com

REAL ESTATE

Own a Modular on Land! 620 Credit Score and Up! Discovery Homes at 484-641-5055. discoverymodularhomes.com

THINKING OF SELLING? Your Home, Business, Property or Land may be valued at considerably more than you might imagine. Call us for a free, no obligation Market Analysis. John W. Monaghan Group of Kutztown, Realtors, Inc. 610-683-5333.

FOR RENT

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Office/ Retail First Floor, 1000 sq. ft. Wired for phone, cable, internet. Includes Heat, Sewer, Water, Off Street Parking. 500 Block West Broad St., Quakertown. \$1000/mo, year lease, 215-536-0597.

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PUBLIC COIN AUCTION

PAPER CURRENCY, PROOF & MINT SETS, GOLD, SILVER, PLUS MORE

Monday, February 8, 2021 at 5:00 PM

Location: Indoors at the Leesport Farmers Market Center Court Meeting Room just off Rt. 61 (8 miles North of Reading) at the North end of Leesport, Berks Co., PA.

Items: 1990 Commemorative 6-Troy oz. Silver of Desert Storm, Year of Goat 10-Troy oz. silver - 2015, 1837 Boro. of Reading, PA 5-cent Note, 1929 Lebanon Bank \$10 Note, 1929 Butler County Nat. Bank of Butler \$100 Note, 1926 U.S. \$20 Note (in gold coin), 1878-S Liberty \$2-1/2 dollar gold pc., 1903 \$2-1/2 dollar gold pc., 1852 II \$1 gold pc., 1908-S Indian Head & 1909-S, 1878 (8-feathers) Morgan 25 other Morgans, (1878-CC, 1884-S, 1896-O, 1880-O, 1878-CC, 1892-S, 1897-O, plus more, 1926 Peace, 1821 Capped Bust dime, 1912 Barber dime, 1921-D mercury dime, 1853 seated half dollar, 1918 lg. \$1 bill - Fed. Reserve of Phila., 1914-D wheat cent, 1912-S "V" nickel, 1917 lg. \$1 bill, 1832 sheet of 50 4-pc. Canal Bank of New Orleans, Co., 1999-W certified platinum \$10 gold coin, plus lot more quality & rare coins.

Plan To Attend. Terms: Cash or PA check; day of auction. Auct.: KENNETH P. LEIBY, PA L#AU001541-L
610.562.3929 • www.auctionzip.com - I.D. #5718

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ROOM FOR RENT. Near Rte. 222 & Richmond Rd., outside Fleetwood. Private Bath. Unfurnished. Dorm refrigerator & microwave permitted. 1 Occupant. 1 Vehicle. No pets. Smoking allowed on porch, not it room. \$450 per month. Includes heat, electric, W/S/T. Sec. dep. & references required. Keller. 610-944-7696.

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- GROUP OF KUTZTOWN - REALTORS

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50+/- COUNTRY ACRES



Beautifully restored 1800s log home w/wide planked wood floors & woodwork. This property encompasses so much w/a hilltop location that has a 360 degree view, ponds, streams, pastures, woods, tillable land, 7 cottages & 75'x35' bank barn generate income w/weddings, religious retreats & rentals making this a turn-key option.

\$925,000

#PABK371042

INVESTMENT PROPERTY



Incredible opportunity to purchase a well-maintained 2-unit building just minutes from Kutztown Univ. Each unit has 2 bedrooms, 1 full bath, a large living room, an eat-in kitchen w/laundry room & a lg. common area/study. There is a 10-car parking lot, a covered porch for each side & a nice yard.

\$270,000

#PABK353354

LOT FOR SALE



0.14 Acre lot in the Kutztown Borough in a nice neighborhood.

\$18,000

#PABK370590

KUTZTOWN - Commercial location in the heart of Kutztown, with 13-15 parking spaces! Presently restaurant on 1st flr., 3-BR apartment on 2nd flr., currently student housing. Great visibility!..... **\$325,000 #PABK339818**

KUTZTOWN - Office space located on Main Street, Kutztown in a central location. Well maintained and worth a look. **\$900/mo. #PABK358902**

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PW, PL, Gas Saver, 4x4, 25K **Save Thousands**
- 2019 Ford XLT F150**
Crew, Velocity Blue, 16K **Low Miles**
- 2017 Ford Transit**
Like New For A Cargo, Great For Business, 28K **SALE PRICE \$21,900**
- 2017 Dodge Ram Crew**
Big Horn, Chrome Wheels, Blue Streak, 4x4, 24K **WAS \$36,900 SALE PRICE \$35,555**

CARGO VANS ON SALE!!!

- 2013 Jeep Wrangler**
4-Door, Hard Top **Just Traded**
- 2018 Toyota Camry SE**
Like New, 14K **New Arrival**
- 2009 Cadillac CTS**
AWD, Low Miles **SAVE \$1,000 \$9,500**
- 2013 Ford Fusion**
Only 37K Miles **SAVE \$1,500 \$9,500**
- 2011 Cadillac DTS**
Premium **SALE PRICE \$11,900**
- 2016 Chevrolet Cruze LTD**
Low Miles **SAVE WAS \$13,900 NOW \$12,455**
- 2007 Suburban**
Loaded, AWD **SALE PRICE \$12,900**
- 2017 Chevrolet Cruze**
Artic Blue, Low Miles **SAVE \$2,000 \$12,900**
- 2016 Chevrolet Malibu LT**
Sedan, Dk Blue **WAS \$15,900 \$13,900**
- 2014 Nissan Murano**
AWD, Low Low Miles, SHARP **SAVE \$1,500 \$14,500**
- 2011 Dodge Dakota**
4x4, Low Miles **SAVE \$1,500 \$15,500**
- 2017 Chevrolet Volt**
Only 26K, Hybrid **WAS \$18,900 NOW \$16,555**
- 2017 Buick Encore**
22K, 1 Owner **WAS \$17,490 SALE PRICE \$16,755**
- 2017 Chevrolet Trax**
17K Miles **SALE PRICE \$16,888**
- 2017 Chevrolet Trax**
LT, 17K, Great On Gas **SALE PRICE \$16,900**
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SEL, 56K, **SAVE \$1,500 SALE PRICE \$16,955**
- 2016 Honda CRV**
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4x4, Only 30K **SAVE \$1,500 \$18,555**
- 2017 Buick Lacrosse**
47 Miles, Essence ... **WAS \$19,888 SALE PRICE \$18,555**
- 2015 Jeep Wrangler**
2 Dr., Willy's **SAVE \$1,500 \$19,000**
- 2017 Jeep Trailhawk**
Low Miles, Hot Orange Color **JUST TRADED \$19,500**
- 2017 Chevrolet Bolt**
Low Miles, Premier **WAS \$24,500 NOW \$21,555**
- 2017 Chrysler Pacifica**
LTD, DUDS, Great For Family **WAS \$30,990, SAVE \$1,490 ... SALE PRICE \$29,500**
- 2015 Jeep Wrangler 4-DOOR** **\$30,500**
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14th D&J CONSIGNMENT AUCTION AT RENNINGER'S MARKET

Saturday, February 13, 2021 at 9:00 a.m.
Location: 740 Noble St., Kutztown, PA

Don't have enough of items or space to have an auction? Let us sell it for you.

We will be accepting consignments of farm equip. & farm-related items. Metal roofing, lumber & building materials, power tools, hand tools & shop-related tools. Lawn & garden equipment, lawn mowers, bikes, trailers, ATVs, sheds, butcher equipment & hunting-related items. Small tools & other small items will be under roof. **NO APPLIANCES or HOUSEHOLD ITEMS.** Call Jason by Feb. 1st for free advertising in print advertising. Online advertising done up till auction day. **Receiving Dates:** Feb. 10 & 11, Wed. & Thurs. 8am to 5pm & Fri., Feb. 12 8am - 4 pm.

Auction by: D&J CONSIGNMENT AUCTION
Auctrs: CLARENCE SHIRK AU3757L & ERIC ZETTLEMOYER AU005210
Contact David Nolt: 610.914.1248 or Jason Martin: 610.223-8510

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SALE: 2/5, 26 and 2/7 at 137 State St., Hamburg. 11-4. Bargains for everyone. Furniture, Lamps, Pictures, Household, DIY stuff.

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Maria Callendars Beef & Vegetable Pot Roast	17.3 oz.	\$2.09
JF Martin Shredded White Cheddar Cheese	8 oz.	\$1.69
Kunzler Meat Hot Dogs	1 lb.	\$1.29
Kozy Shack Rice Pudding	22 oz.	\$.69
Lucky Charms Honey Clover Cereal	10.9 oz.	\$1.99
Nabisco Honey Grahams	3 lb. club box	\$5.99
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COMMUNITY CALENDAR

East Penn Valley & Northern Berks Merchandisers
New Policy Guidelines As Of December 1, 2019
Any nonprofit organization may send us notification of your upcoming events. We will publish this information in the Merchandisers of your choice for a \$5 flat charge per paper per week.

Community Calendar listings are still limited to 35 words or less for the non-profit cost of \$5 and must be submitted in writing. In addition, we are able to run the event information at No Charge for 1 week in both Merchandisers if a Display Ad is also run. This information must be received no later than the Thursday prior to publication date. Mail information and payment as needed to The Windsor Press Inc. Community Calendar, PO Box 465, Hamburg PA 19526-0465, or email to: classifieds@windsorpress.com, FAX: 610.562.2770, or bring the information into our office at 6 N. Third St., Hamburg, PA. Questions can be directed to the office at 610.562.2267.

2/20/21, Virginville Grange Drive Thru Sale, 12-2. Country Meatballs 12/\$12, Mac N Cheese \$10, Apple/ Cherry Crisp \$2. Must pre-order by 2/13/21. Call 610-334-5319 or 610-823-4813.

ANNOUNCEMENTS

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PUBLIC AUCTION

Auction Dates: February 4, February 18, March 4, March 18, 2021 - 4:30 pm; Doors open 3 pm
Location: Oley Valley Auc. Co., Rt. 73, 662 & Oley Rd., Oley, PA 19547
Thursday, February 4, 2021 at 4:30 pm, Doors open 3 pm
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AUCTION LISTINGS

02-04-21	Oley Val. Auc. Co., Rts 73, 662 & Oley Rd.	J. Haas
02-06-21	Andreas Station House, 42 Andreas Rd.	D. Arner
02-07-21	Andreas Station House, 42 Andreas Rd.	D. Arner
02-08-21	Leesport Farmer's Mkt. Cir. Ct. Mtg. Rm.	K. Leiby
02-12-21	85 Industrial Ave., Kutztown	C. Shirk
02-13-21	Renninger's Mkt., 740 Noble St., Kutztown	D&J Consignment Auc.
02-16-21	Online Only	Alderfer Auction
02-18-21	Oley Val. Auc. Co., Rts 73, 662 & Oley Rd.	J. Haas
02-20-21	1404 Park Place, Laureldale	C. Shirk
02-20-21	906 Midway Ave., Temple	Wagner Auc. Service
02-24-21	119 Walnut St., Pine Grove	R. Derfler
02-27-21	70 Gift Rd., Hamburg	C. Shirk
03-04-21	Oley Val. Auc. Co., Rts 73, 662 & Oley Rd.	J. Haas
03-13-21	Beltzner Hall, Kutztown	G. Miller IV
03-18-21	Oley Val. Auc. Co., Rts 73, 662 & Oley Rd.	J. Haas
04-02-21	Leesport Farmer's Mkt. Banquet Hall	Wagner Auc. Service
04-10-21	Rt. 662, Perry Twp., Hamburg	K. Leiby

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11.	12.	13.	14.	15.
16.	17.	18.	19.	20.
21.	22.	23.	24.	25.
26.	27.	28.	29.	30.
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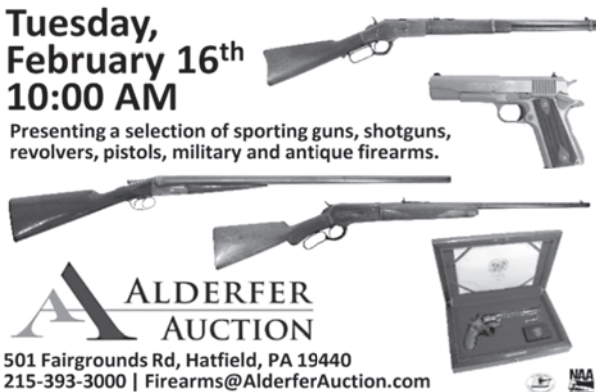
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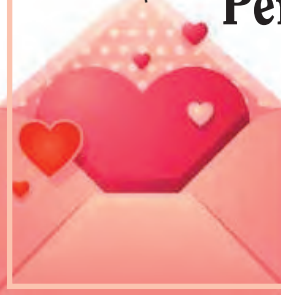
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The Many Benefits Of Houseplants

The lines between the outdoors and indoors are being blurred. Homeowners build extensive outdoor living spaces so they can relax on weather-resistant furniture and even cook in lavish kitchens in their backyards. In addition, indoor three-season rooms full of bright, open windows that showcase outdoor vistas challenge the boundaries between outside and inside. For those working with limited budgets, there are some easy, inexpensive ways to enjoy the majesty of natural landscapes indoors. Houseplants can be used to improve indoor spaces, and they also provide various health benefits.

HELP WITH ALLERGIES: According to WebMD, rooms with houseplants tend to have less dust and mold in them than those without any foliage. Leaves and other parts of the plants serve as natural filters, catching airborne particles and allergens. Plants with textured leaves might be especially effective at trapping particles.

PUT MORE OXYGEN INTO THE AIR: The human respirato-

ry system works by bringing in oxygen and releasing carbon dioxide. Plants do the opposite during photosynthesis. They absorb carbon dioxide and then release oxygen. Plants can put much more oxygen into the air, improving indoor conditions.

INCREASE INDOOR HUMIDITY AND REDUCE ILLNESS: Studies from the Agricultural University of Norway found that indoor plants can increase humidity in indoor spaces, which decreases the incidences of sore throats, dry coughs, dry skin, and the common cold. Higher absolute humidity can decrease the chances of survival and transmission of the flu virus.

FILTER THE AIR: Researchers who presented their work at the 252nd National Meeting & Exposition of the American Chemical Society found certain houseplants can combat the potentially harmful effects of volatile organic compounds. Plants may help filter out VOCs like benzene, acetone and formaldehyde, which can enter indoor air via cleaning supplies,

dry-cleaned clothes, furniture, printers, and paints.

IMPROVE INTERIOR ATMOSPHERE: Prevention magazine says plants can be used to screen unattractive areas, moderate room temperature by shading spots from the sun and even reduce noise. Plants also can improve ambiance and create a pleasing atmosphere in a room.

CAN IMPROVE MOOD: Growing and caring for plants can alleviate everyday stress. A nationwide study from UK Magazine Gardeners World found 80 percent of gardeners declared themselves satisfied with life compared to 67 percent among non-gardeners. Gardeners were more positive mentally. Greenery can help people feel more at home and improve mental health. A rehab center in Norway found patients reported a greater increase in well-being four weeks after having greenery added to their surroundings. Houseplants can improve indoor areas and positively affect personal health.

The Role Different Vitamins Play

A nutritious diet is a vital component of a healthy lifestyle. When it's part of a health regimen that includes routine exercise, a healthy diet that's rich in fruits and vegetables can help people reduce their risk for various illnesses, including chronic diseases like heart disease, cancer and diabetes.

Many adults have known about the value of fruits and vegetables since they were youngsters and their parents repeatedly told them how important it was to eat healthy foods. Despite those early lessons, the Centers for Disease Control and Prevention reports that less than 10 percent of adults and adolescents eat enough fruits and vegetables. That's unfortunate, as fruits and vegetables are loaded with vitamins that benefit the body in myriad ways.

The U.S. National Library of Medicine notes that vitamin deficiency occurs when people do not get enough of certain vitamins. Recognizing the many functions vitamins serve may compel adults and adolescents to include more fruits and vegetables in their diets.

- **Vitamin A:** The USNLM notes that Vitamin A helps form and maintain healthy teeth, bones, soft tissue, mucous membranes, and skin. Deficiency of A is the leading cause of preventable blindness in children and increases the risk of disease and death from severe infections.
- **Vitamin B6:** helps form red blood cells and maintain brain function. B6 deficiency has been associated with various conditions, including a weakened immune system and dermatitis cheilitis, a condition marked by scaling on the lips and cracks at the corners of the mouth.
- **Vitamin C:** is an antioxidant that promotes healthy teeth and gums, helps the body absorb iron and maintains healthy tissue, and plays an integral role in helping wounds heal. Vitamin C deficiency impairs bone function, and Merck notes that in children that impairment can cause bone lesions and contribute to poor bone growth.
- **Vitamin D:** The USNLM notes that 10-15 minutes of sunshine three times per week is enough to produce the body's vitamin D requirement for people at most

latitudes. It's hard to rely on food to supply ample vitamin D, which helps the body absorb calcium that is necessary for the development and maintenance of healthy teeth and bones.

- **Vitamin E:** helps the body form red blood cells and utilize vitamin K. Green, leafy vegetables like spinach and broccoli are good sources of vitamin E. The Office of Dietary Supplements notes that a vitamin E deficiency can cause nerve and muscle damage, potentially leading to muscle weakness and vision problems.
- **Vitamin K:** helps to make certain proteins that are needed for blood clotting and the building of bones. The T.H. Chan School of Public Health at Harvard notes that the main type of vitamin K is found in green leafy vegetables like collard greens, kale and spinach. Vitamin K deficiency is rare, but it can lead to bleeding, hemorrhaging or osteoporosis. Vitamins are crucial to human beings' overall health. Eating ample amounts of fruits and vegetables is a great and delicious way to avoid vitamin deficiency.

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How The Body Heals After Quitting Smoking

Few habits are as harmful to the human body as smoking tobacco products, especially cigarettes.

The American Heart Association says smoking is the most preventable cause of death in the United States. Smoking is linked to heart disease and stroke and can increase the risk for cancers of the bladder, throat, cervix, pancreas, and mouth. Smoking is linked to roughly 90 percent of lung cancer cases in the United States as well. Lung Cancer Canada indicates the majority of lung cancer cases in Canada, about 85 percent, are directly related to smoking tobacco.

Even though smoking can ravage the body and cause significant damage to the lungs, which worsens the longer one smokes, people who quit may be able to restore a good portion of their lung health. The Lung Health Institute says there are a number of ways the lungs can heal once a person stops smoking. While it may not be possible to undo the structural damage to the lungs, lung func-

tion can be significantly restored when people quit smoking. Here's a look at some ways the lungs and other parts of the body may recover.

- **Risk of heart attack decreases:** The wellness resource Verywell says that after day one of quitting smokers' risk of heart attack begins to decrease.

- **Rate of COPD decline improves:** Research published in the journal Respiratory Medicine found that people with mild to moderate COPD can expect to experience normalization of lung function decline within a year of quitting. This means that the rate of decline considered normal with age is the same as someone who had never smoked before.

- **Reduced lung cancer risk:** The risk of getting lung cancer reduces by 50 percent after 10 years of being smoke-free, according to the Centers for Disease Control & Prevention.

- **Carbon monoxide levels go down:** Orlando Health says carbon monoxide gradually leaves the bloodstream after people quit smoking, which helps

reduce the severity of symptoms like shortness of breath. Similarly, chemicals in cigarette smoke can inflame the lining of the airways.

- **Reactivation of cilia:** Cilia are the small hair-like structures that move mucus and bacteria to the back of the throat. They fail to work properly when a person smokes, but can resume function after quitting.

- **Improved circulation:** When lung function improves, oxygen can more effectively reach cells through the body and circulation improves. Within 24 hours of quitting, constriction of blood vessels also will occur, resulting in lower blood pressure and improved pulse rate. Body temperature will start to normalize within 24 hours as well.

- **Improved taste and smell:** Within 48 hours of quitting, taste and smell receptors start to heal, and damaged nerve cells also will begin to self-repair.

Quitting smoking is the best thing smokers can do for their bodies. Once a person quits smoking, his or her body begins healing in myriad ways.

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Doors open at 5:00 pm, Bingo starts at 6:30 pm
Masks are required to enter the building. Temperatures will be taken and COVID questions will be posted at the door. We will also be observing "Social Distancing" guidelines. At the present time our kitchen will not be in operation. Snacks and Drinks Are Available Proceeds benefit Rajah Shrine and are not deductible as charitable donations
Kraig W. Leiby, Chairman

KUTZTOWN ROD & GUN CLUB

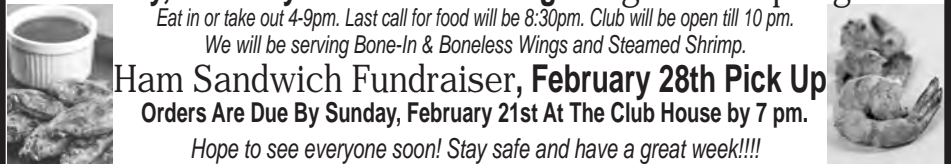
Monthly Meeting Second Thursday Of Every Month!

THE CLUB HOUSE IS OPEN!
Friday 2-9PM, Saturday 11AM-9PM, Sunday 11AM-8PM
Masks are required and you must purchase food.
Don't forget to pick up your membership card for 2021!
Dues are \$20.00 and can be picked up or you can mail a check with a self addressed stamped envelope to PO Box 67, Kutztown PA 19530.

Save the date... **BUCK CONTEST Sunday, February 7th!**
It will be held at the pavilion. Drop off your rack 9am-1pm.

Thursday, February 18th we are having Wing & Shrimp Night!!!
Eat in or take out 4-9pm. Last call for food will be 8:30pm. Club will be open till 10 pm.
We will be serving Bone-In & Boneless Wings and Steamed Shrimp.

Ham Sandwich Fundraiser, February 28th Pick Up
Orders Are Due By Sunday, February 21st At The Club House by 7 pm.
Hope to see everyone soon! Stay safe and have a great week!!!!



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THURS.	STUFFED PEPPERS (Incl. 1 Veg.)	\$7.95
FRI.	SEAFOOD SPECIAL	
MON., FEB. 8	SPAGHETTI & MEATBALL (Incl. 1 Veg.)	\$5.25

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BRICK 1/2 OF DOUBLE; 1,110 SQ. FT., 2 BEDROOM
Saturday, February 20, 2021
at 11:00 AM



Location: 1404 Park Pl.,
Laureldale, Berks Co., PA. 19605.
From Allentown Pike (Rte. 222) in
Temple, turn onto Kutztown Rd.,
left onto Elizabeth Ave., left onto
Montclare St., stay left on
Montclare St. then right onto Park

Pl. to property on right.
Real Estate: 2,178 sq. ft. lot with a 1/2 of a double brick
2 1/2 story, 1,110 sq. ft. single family dwelling. First Flr: LR,
DR, kit., w/22 handle kit. cabinets & rear enclosed porch.
Semi open stairway; Second Flr. has 2 BRs and full bath.
Attic storage. Full basement w/cement flr.; gas fired forced
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PUBLIC REAL ESTATE AUCTION



0.43 ACRE, SINGLE FAMILY,
RICHMOND TWP. PROPERTY

Saturday, February 27, 2021 at 11:00 A.M.

Location: 70 Gift Rd., Hamburg, Berks Co., PA 19526.
From Rte. 222 at Moselem Spring turn onto 662 west
toward Hamburg for approx. 1.5 miles. turn right onto Gift
Rd. to property on right.
Real Estate: 0.43 acre lot with a 660 sq. ft. 1 stry. frame,
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kitch., LR, den w/walk-in closet, 1 BR, full bath & laundry
rm. w/closet. Daylight entry full bsmnt. w/cement flr. &
1-car garage. **Mechanicals:** Elec. heat; elec. dom. hot
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- PART TIME -

GRAPHICS DEPARTMENT

• Adobe InDesign, Illustrator, Photoshop, Acrobat
Knowledge of QuarkXPress • Word • Excel • Powerpoint are a Plus!

WILLING TO TRAIN!



Send Resume To:
6 N. Third St.; P.O. Box 465,
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RENNINGERS KUTZTOWN


740 Noble St. Kutztown, Pa
610-683-6848 www.renningers.net
facebook.com/renningerskutztown

**Farmers Market and Kutztown Vintage Open Fridays 10 to 6.
Saturday 8 to 4 - Farmers Market & Antiques Vintage Market Open.**

Dietrich's Country Meats

610-756-6344

FOR THE BIG GAME PARTY
LEBANON BOLOGNA & SWEET BOLOGNA
IN THE SHAPE OF A FOOTBALL



HOMEMADE RING BOLOGNA, KIELBASA, MEAT STIX,
PICKLED TRIPE & PICKLED BOLOGNA.
LARGE VARIETY OF CHEESES.

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STUFFED PRETZEL ROLLS
~ STUFFED PRETZEL OF THE WEEK ~
PULLED PORK & PROVOLONE
BREAKFAST
Bacon, Egg & Cheese
Sausage, Egg & Cheese
LUNCH
• Cheese Steak • Buffalo Chicken
• Ham & Cheese
• Italian • Pizza • Hot Dog

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Quality Produce
At The Best Prices!

NEW PLUM CRAZY CONCESSIONS
FRESH POPCORN & COTTON CANDY
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ASK ABOUT OUR VALENTINE SPECIALS

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at the Renninger's Farmer's Market
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In the White Room

February 6th - 2021 - 9 AM to 3 PM
Something for Your Sweetheart
February 6th - Something for Your Sweetheart
March 6th - Think Spring
April 3rd - Hoppy Shopping

Outside, under the Pavilion

2021 - 9 AM to 3 PM May 1st - Mega Spring Craft Show



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RUMP ROAST..... lb.	\$4.99
ST. LOUIS STYLE PORK RIBS.. lb.	\$3.69
GROUND SIRLOIN PATTIES.. lb.	\$5.99
BACON ENDS..... lb.	\$3.49
FULLY COOKED MEATBALLS lb.	\$4.39
BERKS HOT DOGS	\$3.59

GREEN ACRES FARM
- GROWING ORGANIC SINCE 1996 -
JAMS • JELLIES • PICKLES
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(Reg. \$3.49 lb.)
FRESH CHICKEN BREAST
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THE BREAD LADY
has the rolls you need for your Super Party.
Stop by and buy.

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(Reg. \$5.49 lb.) **DIETZ & WATSON**
APPLEWOOD SMOKED HAM..... SALE \$4.99 lb.

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(Reg. \$4.29 lb.) **MACARONI & BEEF**..... SALE \$3.89 lb.

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Barrel Pickles & Specialty Pickles
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LOSE WEIGHT/ EAT PICKLES SAVE \$2.00 ON ANY 2 CONTAINERS OF PICKLES

20 FLAVORS OF FRESH PICKLES

Have you always wanted to start your own business? Or need some extra exposure for your existing business.

We have space in the Indoor Farmers Market and the Indoor Vintage Antiques Market. Please stop out and see us and fill out an application for a booth. Become part of the Renningers Market Vendor Family.

GLORIA'S HOME SEWN GIFTS
VALENTINE & ST. PATRICK'S PRINTS
NOW AVAILABLE!
...INCLUDING MASKS

Bag Lady's Bakery
610-926-2135

FEATURES:
CHOCOLATE CHEESECAKE BARS
JEWISH APPLE CAKE
QUICHE:
• SALMON \$7 • SPINACH \$5
ORDER YOUR CHOCOLATE COVERED STRAWBERRIES FOR VALENTINE'S.
ASSORTED BROWNIES, CUPCAKES & COOKIES
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Renningers Kutztown Vintage
32 Booths
Open Fridays 10 to 6 & Saturdays 8 to 4

What will you find?

Food Fix LLC
NEW SEAFOOD
Get Your SEAFOOD FIX

Salmon..... lb.	\$14	Crab Stuffed Mushrooms..... lb.	\$14
Cod..... lb.	\$15	Clams Casinos doz.	\$10
Shrimp..... lb.	\$12	Bacon Wrapped Scallops..... lb.	\$21
Scallops..... lb.	\$19	Shrimp Ceviché lb.	\$9.50
Salmon Cakes..... ea.	\$6	Shrimp Salad lb.	\$10.00
Crab Cakes..... ea.	\$6	Twice Baked Potatoes..... lb.	\$5.00
Crab Dip..... ea.	\$8.50	Our Own Coleslaw..... lb.	\$5.50
Krab Salad..... lb.	\$10.00		

Prices May Vary

VALENTINE DINNER FOR TWO
TWO OPTIONS: LOBSTER OR CRAB CAKE
Includes Appetizer & Dessert From Bag Lady Bakery
PLEASE ORDER AHEAD FOR PICK UP SATURDAY, FEBRUARY 13

Radcliffe

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BIG GAME Savings Are Here!

Our Butchers Cut Fresh Beef & Pork Daily



2.29 lb.
75% Lean Ground Beef
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5 lb. bag
Green Giant Idaho Potatoes **2.49**



3.99 lb.
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USDA Choice Beef



.89 lb.
Amick Farms Chicken Drumsticks Or Thighs



Juicy Jumbo Navel Oranges **.89** each



1 lb. bag
Green Giant Baby Cut Carrots **.99**

Stock Up on All Your Football Party FAVORITES!



12 Piece Fried Chicken
3 Breasts, 3 Drumsticks, 3 Wings & 3 Thighs
15 Piece Wing Dings Or Zings
Deli Fresh **9.99**



Hormel Gatherings Party Trays
Meat & Cheese Or Ham & Turkey
28 oz. pkg. **12.99**



Toufayan Potato Hamburger Rolls Or Hot Dog Buns
8 ct. pkgs. **2/\$3**



Kraft Barbecue Sauce
Selected Varieties - 17.5-18 oz. btl.
Bull's-Eye B-B-Q Sauce
Selected Varieties - 18 oz. btl.
5/\$5



Culinary Circle Pizza
Selected Varieties
12.01-33.5 oz. boxes **2/\$8**



Kraft Mayo
Selected Varieties
22 oz. btl. Or 30 oz. jar **2.99**



Maxwell House Ground Coffee
Selected Varieties - 24.5-30.6 oz. ctn.
5.99



Pringles Super Stack Or Wavy Chips
Selected Varieties - 4.6-5.5 oz. cans **2/\$3**



Cheez-it Or Snap'd Crackers
Selected Varieties - 7.5-12.4 oz. pkgs.
Nabisco Ritz Crackers
Selected Varieties - 7.5-13.7 oz. boxes
Nabisco Snack Crackers Or Triscuit
Selected Varieties - 3.5-9.1 oz. boxes **2/\$5**



Chobani Gimmies, Greek Or Flip Yogurt
Selected Varieties - 4-5.3 oz. ctns. **10/\$10**



TGI Fridays Appetizers Or Snacks
Selected Varieties - 8-11 oz. pkgs. **2/\$5**



Florida's Natural Orange Or Grapefruit Juice
Selected Varieties - 52 oz. ctns. **2/\$6**



Turkey Hill Drinks
Selected Varieties - gal, jugs **2/\$5**



Heluva Good! Dip
Selected Varieties
12 oz. ctns. **2/\$4**



Utz Potato Or Tortiyahs! Chips
Selected Varieties - 8.5-12.5 oz. bags **2/\$5**



Turkey Hill Ice Cream
Selected Varieties Excludes All Natural - 48 oz. ctns.
Turkey Hill Ice Cream Novelties
Selected Varieties - 18.4-24 oz. pkgs. **2/\$5**



Kellogg's Eggo Waffles Or French Toast Sticks
Selected Varieties - 10.75-12.7 oz. boxes **2/\$4**



Keebler Cookies
Selected Varieties - 8.5-15 oz. pkgs. **2/\$5**



Doritos Tortilla Chips
Selected Varieties
9.25-9.75 oz. bags **2/\$5**

PRICES GOOD JANUARY 31 - FEBRUARY 6, 2021

Not responsible for typographical errors. Photos for illustration only and may not be actual product. We reserve the right to limit quantities. No sales to dealers. Not all items available in all locations.

Meat



4.99 lb.
Petite Sirloin Steaks
USDA Choice Beef



2.29 lb.
Center Cut Pork Chops
Fresh, Bone-In



4.99 lb.
Boneless Chuck Steaks
USDA Choice Beef



2.49 lb.
Country Style Pork Spare Ribs
Fresh



5.29 lb.
Boneless Beef Stew Meat
USDA Choice Beef



1.79 lb.
Assorted Pork Chops
Fresh, Bone-In



1.99 lb.
Pork Butt Steaks
Fresh



Bob Evans Sausage Links, Patties Or Rolls
Selected Varieties - 9.6-16 oz. pkg.
2/\$7



Hatfield Sliced Bacon
Selected Varieties - 1 lb. pkg.
5.49



Ball Park Meat Franks
Original, Turkey Or Bun Length
15 oz. pkg.
2/\$5



Ball Park Angus Beef Franks
Original Or Bun Size - 14 oz. pkg.
3.99



Sabrett Beef Cocktail Franks
25 oz. pkg.
14.99



Hillshire Farm Deli Select Or Classics Lunchmeat
Selected Varieties - 7-9 oz. pkg.
2/\$7



Farmridge Pickles
Selected Varieties - 24-32 oz. ctn.
4.29



Berks Half Ring Bologna
Plain Or Garlic - 16 oz. pkg.
4.99



On-Cor Redi-Serve Chicken Strips, Patties Or Nibblers
26-27.5 oz. pkg.
3.99



Cooked Perfect Meatballs
Selected Varieties - 24-26 oz. pkg.
7.99



Heritage Premium 100% Angus Burgers
Frozen - 2 lb. box
11.99



Holtlen Thick N' Juicy 1/4 lb. Beef Patties
2 lb. box
7.99



Hillshire Snacking Small Plates
Italian Dry Salame - 2.76 oz. pkg.
2.79



Bob Evans Mashed Potatoes Or Side Dishes
Selected Varieties - 12-24 oz. pkg.
2/\$7

Seafood



Sold in 2 lb. bag at \$16.98
Great American 31/40 Count Raw Peeled Deveined Shrimp
IQF
8.49 lb.



Sold in 2 lb. bag at \$17.98
26/30 Count Cooked Peeled Shrimp
Arctic Shores
Tail-On IQF
8.99 lb.



Great American 31/40 Count Shrimp Ring
IQF - 16 oz. pkg.
10.99



Arctic Shores Flounder Fillets
IQF - 16 oz. pkg.
6.49



Great American Tilapia Stuffed With Crab
IQF - 12 oz. pkg.
6.99



Great American Cod Fillets
IQF - 12 oz. pkg.
10.99



Arctic Shores Salmon Fillets
IQF - 32 oz. pkg.
9.99



AquaStar Valu Added Fillets
Selected Varieties
11-12 oz. pkg.
7.99



Legacy Shrimp Grillers
Selected Varieties IQF
9.5 oz. bag
6.99



Louis Kemp Crab Or Lobster Delights
Legs, Flakes Or Chunks
8 oz. pkg.
3.49

Bakery



8 Inch Single Layer Cakes
Bakery Fresh
Selected Varieties
5.99



8 Inch Apple Pie
3.99



Cake Of The Month
8 Inch Peanut Butter Cake
7.99



Barney's Bakery Mini Pepperoni Rolls
15 oz. pkg.
3.99



Bakery Fresh Cookies
Selected Varieties
10-12 ct. pkg.
2.99



J. Skinner Original Cinnamon Rolls
8 ct. pkg.
3.99



Maple Brand Mini Donuts
Powdered Or Chocolate
18 oz. tub
3.99



LaBrea Twin Pack Baguettes
12 oz. pkg.
1.99



St. Pierre Brioche Mini Slider Rolls
12 ct. pkg.
5.99



Hoagie Rolls
Bakery Fresh
6 ct. pkg.
2.49

Deli



Margherita Hard Or Genoa Salami
Deli Fresh
5.99 lb.



Bongards American Cheese
Deli Fresh White Or Yellow
4.99 lb.



Hatfield Imported Ham
Deli Fresh
4.99 lb.



Stella Smoked Provolone Or Mozzarella Cheese
Deli Fresh
3.99 lb.



Cucina Granda 14 Inch Pizza
Selected Varieties
34.2-37.1 oz. pkg.
7.99



Snack Factory Pretzel Crisps
Selected Varieties
7.2 oz. pkg.
2.99



Sabra Hummus
Selected Varieties
10 oz. ctn.
2.99



Reser's Amish Macaroni Or Potato Salad
3 lb. tub
5.99

Meat



Prima Porta Italian Rope Sausage
Hot Or Sweet - 3 lb. pkg.

7.99



Ball Park Beef Or Smoked White Turkey Franks
Selected Varieties - 14-15 oz. pkgs.

2/\$7



Eckrich Lil' Smokies Cocktail Smoked Sausage
Selected Varieties - 10-14 oz. pkg.

3.99



Hillshire Farm Smoked Sausage Or Kielbasa
Selected Varieties Links Or Rope 13-14 oz. pkg.

3.99

Everything You Need For Tacos, Chili, & More!



Shady Brook Farms 85% Lean Ground Turkey
3 lb. pkg.

9.99



McCormick Grinders
Selected Varieties 7.7-2.5 ctns.

2/\$4



McCormick Chili Seasoning Mix
Selected Varieties 1.25 oz. pkts.

4/\$5



Hunt's 100% Natural Tomato Sauce
8 oz. cans

3/\$2



Hanover Beans Or Peas
Selected Varieties 15.5 oz. cans

10/\$10



Old El Paso Shredded Cheese
Selected Varieties 7-8 oz. pkgs.

2/\$4



Daisy Sour Cream
Regular Or Light 16 oz. ctn.

1.99



Kraft Chunk Or Shredded Cheese
Selected Varieties 7-8 oz. pkgs.

2/\$5



Old El Paso Tortilla Shells
Selected Varieties - 8.2-11 oz. pkgs.

4/\$5



Essential Everyday Ripe Black Olives
Selected Varieties 6 oz. cans

2/\$3



Old El Paso Crema Mexicana
7 oz. ctns.



Old El Paso Taco Seasoning Mix
Selected Varieties .85-1 oz. pkt.

.79



Pace Sauce, Salsa Or Picante Sauce
Selected Varieties 15-16 oz. jars

2/\$4



Taco Bell Crisps
Selected Varieties 2 oz. pkg.

1.99



McCormick Taco Seasoning Mix
Selected Varieties 1 oz. pkt.

.79



McCormick Pure Ground Black Pepper
3 oz. ctn.

3.49

Condiment Station



Heinz Tomato Ketchup
38 oz. btl.

2/\$6



Frank's RedHot Hot, BBQ Or Wing Sauce
Selected Varieties 12-14 oz. btl.

2/\$5



Kraft Miracle Whip
Selected Varieties 22 oz. btl. Or 30 oz. jar

3.49



French's Mustard
Spicy Brown Or Classic Yellow 12-20 oz. btl.

2/\$4



Heinz Cocktail Or Chili Sauce
12 oz. btl.

2/\$4

Beverage Stop



Deer Park Natural Spring Water
24 pk. 16.9 oz. btl.

3.99



Super Chill Soda
Selected Varieties 12 pk. 12 oz. cans

2.79



Clamato Tomato Juice Cocktail
The Original 32 oz. btl.

2/\$5



Deer Park Sparkling Spring Water
Selected Varieties 8 pk. 12 oz. cans Or 8 pk. 16.9 oz. btl.

3/\$10



Hawaiian Punch Juice Drinks
Selected Varieties 128 oz. jugs

2/\$5

It's Snack Time!



Frank's RedHot Chicken Appetizers
Selected Varieties 11-15 oz. boxes

2/\$10



DiGiorno Pizza
Selected Varieties 22.1-31.5 oz. pkg.

5.99



TGI Fridays Cheeseburger Sliders
12 oz. pkg.

4.99



SuperPretzel Soft Pretzels
Selected Varieties 9-13 oz. boxes

2/\$5



Essential Everyday Pizza Bites
Cheese, Pepperoni Or Combo 20 oz. bags

2/\$5



Totino's Pizza Rolls
Selected Varieties 48.85 oz. pkg.

6.99



Mrs. T's Pierogies
Selected Varieties 12.84-16 oz. boxes

3/\$6



Pop-Secret Premium Microwave Popcorn
Selected Varieties 6 ct. pkg.

3.99



Jack Link's Meat Snacks
Selected Varieties 2.5-2.85 oz. pkg.

5.29



Ro-Tel Tomatoes
Selected Varieties 10 oz. cans

5/\$5



Hunt's Manwich Sloppy Joe Sauce
Selected Varieties 15-16 oz. cans

5/\$5



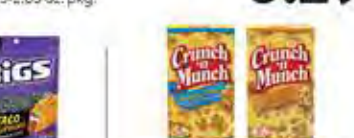
David Sunflower Seeds
Original Or Ranch 5.25 oz. pkgs.

4/\$5



Duke's Meat Snacks
5 oz. bag

5.99



Bigs Sunflower Seeds
Pickle, Ranch Or Taco 5.35 oz. pkgs.

2/\$3



Crunch 'n Munch Popcorn
With Peanuts Caramel Or Butter Toffee 3.5 oz. boxes

5/\$5

SCAN and GO! Use the Great Valu APP and scan your barcode at checkout to receive these EXTRA Savings.

SAVE \$1.00 on GROUND BEEF when you buy any THREE (3) Manwich® Sloppy Joe Sauce 15.5 - 16 oz.



WHEN YOU USE OUR GREAT VALU APP

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SAVE \$1.00 on Velveeta® Cheese when you buy any THREE (3) RO★TEL® Diced Tomatoes 10 oz.



WHEN YOU USE OUR GREAT VALU APP

SCAN and GO! Use the Great Valu APP and scan your barcode at checkout to receive these EXTRA Savings.

BUY \$5.00 of snacks below get \$1.50 off 2 Liter Coke/Pepsi



WHEN YOU USE OUR GREAT VALU APP

Stock Up on everything you need for the big game!

Dairy



**Nestle Coffee-mate
Flavored Coffee Creamers**
Selected Varieties - 32 oz. ctns.

2/\$6



Simply Aides Or Punches Drinks
Selected Varieties - 52 oz. btl.

2/\$4



**Essential Everyday
Biscuits, Crescent Or
Cinnamon Rolls**
Selected Varieties - 8-16 oz. cans

2/\$3



**Hershey's
Pudding**
Selected Varieties
4 ct. 13.1-15.5 oz. pkgs.

2/\$5



**Philadelphia
Cheesecake Desserts**
Selected Varieties
2 pk. 3.25 oz. pkgs.

2/\$5



Sunny D Drinks
Selected Varieties
128 oz. jugs Or
8 pk. 6.75 oz. btl.

2/\$5



**Welch's
Juice Blends**
Selected Varieties - 59 oz. ctns.

2/\$4



**Sargento
Natural Deli Style
Cheese Slices**
Selected Varieties - 5-8 oz. pkgs.

2/\$6



**Keller's Creamery
Butter Quarters**
Salted Or Unsalted - 1 lb. pkg.

3.99



**Land O Lakes
Margarine Quarters**
1 lb. pkgs.

2/\$3



**La Yogurt
Probiotic Yogurt**
Selected Varieties - 6 oz. cups

10/\$5



**Essential Everyday
Cream Cheese Spread**
Selected Varieties
8 oz. ctns.

2/\$4



**Polly-O
String Cheese**
Selected Varieties
9-12 oz. pkg.

3.99



**Daisy
Cottage Cheese Cups**
4%
2 pk. 10.6 oz. pkgs.

2/\$4



**Egg-Land's Best
Cage Free
Large Brown Eggs**
Grade A - dozen

3.29

Frozen



**Stouffer's
Lasagna Or Baked Ziti**
Selected Varieties - 76-96 oz. pkg.

12.99



Grown In Idaho Potatoes
Selected Varieties - 24-28 oz. bags

2/\$5



**Green Giant
Simply Steam Vegetables**
Selected Varieties - 7.5-10 oz. pkgs.

4/\$5



**Birds Eye
Sides Or Wings**
Selected Varieties - 13-13.5 oz. pkg.

3.99



**Pepperidge Farm
Puff Pastry
Sheets**
17.25 oz. pkg.

3.99



**Ben & Jerry's
Ice Cream Or
Cookie Dough Chunks**
Selected Varieties
16 oz. ctns.
Or 6-8 oz. pkgs.

3/\$10



**North Star
Ice Cream Bars**
Selected Varieties
12 ct. pkgs.

2/\$6



**José Olé
Burritos Or
Chimichangas**
Selected Varieties
5 oz. pkgs.

10/\$10



**Kemps'
Frozen Yogurt**
Moose Tracks, Vanilla
Or Chocolate
48 oz. ctns.

2/\$6



**Essential Everyday
Frozen Fruit**
Mixed Fruit, Sunshine
Or Tropical Medley
48 oz. pkg.

8.99



**Kraft
Macaroni &
Cheese Meals**
Selected Varieties
8.5 oz. pkgs.

2/\$6



**Main Street
Kitchen Meals**
Selected Varieties
9 oz. pkgs.

10/\$10



**On-Cor Classic
Or Traditional
Frozen Entrees**
Selected Varieties
24-28 oz. box.

3.29



**Gorton's Fish,
Shrimp Or
Maryland Style
Crab Cakes**
Selected Varieties
6-24.5 oz. pkg.

5.99



**Banquet
Boneless
Chicken**
Selected Varieties
24-30 oz. bag

3.99



**José Olé
Burrito Bowl**
Chicken Fajita
10 oz. pkgs.

2/\$5



**El Monterey
Burritos Or
Chimichangas**
Selected Varieties
32 oz. pkg.

3.79



**El Monterey
Taquitos**
Beef & Cheese Or
Chicken & Cheese
21-24.15 oz. pkg.

5.49



**Stone Ridge
Creamery Sundae
Nut Cones**
Variety Or Vanilla
36.8 oz. pkg.

4.99

Savings From Quaker



Quaker Oats
Quick Or
Old Fashioned
42 oz. ctns.

2/\$6



**Quaker Kids
Organic Whole Grain
Bars Or Bites**
Selected Varieties
5.2-5.25 oz. boxes

2/\$7



Quaker Cereal
11.4-14 oz. Cap'N Crunch, 14.5 oz. Oatmeal Squares Or 13 oz. Life
Quaker Soft Baked Protein Bars
Selected Varieties - 7-10.5 oz. boxes
Quaker Instant Oatmeal
Selected Varieties - 8.4-15.1 oz. boxes
Quaker Chewy Granola Bars
Selected Varieties - 6.1-7.4 oz. boxes

2/\$5

SCAN and GO! Use the Great Valu APP and scan your barcode at checkout to receive these EXTRA Savings.

Save \$3.00

When You Purchase any 5 Participating Quaker® Products.



WHEN YOU USE OUR GREAT VALU APP

Produce

 Football Playoff Necessity! Hass Avocados each .99	 Sweet Seedless Clementines 2 lb. bag 2.99	 5-9 oz. pkgs. Select Varieties Fresh Express Salad Mix 2/\$5			
 Mann's Veggie Tray 16.5 oz. tray 4.99	 Wholly Guacamole Bowls Or Dips Selected Varieties 7.5-10 oz. ctn. 2.99	 NatureSweet Cherubs Tomatoes Great For Snacking 10.5 oz. ctn. 2.99	 Beefsteak Tomatoes 2.49	 Fresh Express Romaine Hearts Enjoy A Healthy Salad 3 ct. 18 oz. pkg. 3.99	
 pint Fresh Blueberries Sweet Plump 3.49	 Florida Strawberries 16 oz. ctn. 3.49	 Pink Lady Apples Washington State 1.99	 Green Zucchini lb. Fresh 1.29	 Organic Girl Salads Selected Varieties 4.2-5 oz. pkg. 3.49	 Seneca Apple Chips Selected Varieties 2.5 oz. bag 1.99

Floral

Flowers not available till February 5th.

 Red Or Assorted Colored Roses Florist Quality dozen 19.99	 Half Dozen Roses 11.99	 Mini Rose Bush With Love Pick Assorted - 4" pot 6.99	 Valentine Bouquets Available 9.99	 Tulips In Gift Bag 10 stems 12.99
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Snack Center

 Tostitos Tortilla Chips Selected Varieties 9-13 oz. bags 2/\$6	 Tostitos Salsa Selected Varieties 15.5 oz. jars 2/\$6	 Herr's Cheese Curls Or Popcorn Selected Varieties 4-8 oz. bags 2/\$4	 Martin's Kettle-Cook'd Potato Chips Selected Varieties 8.5 oz. bags 2/\$4	 Herr's Pretzels Selected Varieties 12-16 oz. bags 2/\$4	
 Maier's Or D'Italiano Italian Bread Selected Varieties 9-22 oz. loaves BUY 1 GET 1 FREE	 Thomas' English Muffins Selected Varieties 6 ct. 12-13 oz. pkgs. BUY 1 GET 1 FREE	 Entenmann's Donuts, Soft'ees, Pop'ems Or Pop'ettes Selected Varieties 11-21.3 oz. pkgs. BUY 1 GET 1 FREE	 Little Debbie Big Packs Selected Varieties 16.92-31.78 oz. pkgs. 2/\$6	 Tastykake Family Packs Selected Varieties 8-16.08 oz. pkgs. 4/\$10	 Lay's XL Potato Chips Selected Varieties 5-8 oz. bags 2/\$5

NATURAL SPECIALTY and NATURAL SPECIALTY	 Wild Harvest 80% Lean Ground Beef 1 lb. pkg. 5.99	 Chobani Oat Drink Or Coffee Creamer Selected Varieties 24-52 oz. ctns. 2/\$7	 Fage Total Yogurt Plain, Fat Free Or 2% 17.6 oz. ctns. 2/\$5	 Simply Almond Milk Original, Vanilla Or Unsweetened 46 oz. btl. 2/\$7	 Del Monte Veggiesful Pocket Pies Or Bites Selected Varieties 7.5-8 oz. pkgs. 2/\$6
	 Turkey Hill All Natural Ice Cream Selected Varieties 48 oz. ctn. 3.99	 Heinz No Sugar Added Or Simply Tomato Ketchup 29.5-31 oz. btl. 2/\$6	 Saverne Artisanal Kraut Dill Garlic Or Craft Beer 16 oz. jars 2/\$4	 Clif Or Luna Protein Bars Selected Varieties 1.59-2.4 oz. bars 5/\$5	



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